

|                |            |                           |                        |                |
|----------------|------------|---------------------------|------------------------|----------------|
| Breakfast Club | S1-S6      | Morning – 8:10 – 8:35am   |                        | Social Area    |
| Volleyball     | S4-6/Staff | Lunch – 13:20-14:00       | Sports Leaders         | Games Hall     |
| Art Club       | S1         | Lunch – 13:20-14:00       | Senior Students        | Art Depts      |
| Girls Choir    | S1-S6      | Lunch – 13:20-14:00       | Music Dept             | Room 64        |
| Dodgeball      | S1         | Lunch – 13:20-14:00       | David (Active Schools) | Gym Hall       |
| Open Astro     | S3-6       | Lunch – 13:20-14:00       | Mr Brown               | Astro          |
| Library Club   | S1/S2      | Lunch – 13:20-14:00       | Mrs Ingram             | Library Office |
| Art Club       | S4-S6      | Afterschool – 15:40-16:30 | Art Dept               | Rm 60b         |
| Boys Football  | S4-6       | Afterschool – 15:40-16:30 | ICT Community Trust    | Astro          |

**\*ASSEMBLIES THIS WEEK – TODAY -S2; TOMORROW-S1; Friday S3**

**\*ASSEMBLIESNEXT WEEK – Monday (22<sup>nd</sup>)-S4; Tuesday (23<sup>rd</sup>)-S5**

**\*ALLERGY ADVICE WEEK 1** - Over the next few weeks we are going to share some information about allergies – our aim is to be an allergy aware school. Around 5-8% of children in the UK live with a food allergy, and most school classrooms will have at least one allergic pupil. These young people are at risk of anaphylaxis, a potentially life-threatening reaction which requires an immediate emergency response. 20% of severe allergic reactions to food happen whilst a child is at school, and these reactions can occur in children with no prior history of food allergy. Culloden Academy supports the approach advocated by Anaphylaxis UK towards nut bans/nut free schools. They would not necessarily support a blanket ban on any particular allergen in any establishment, including in schools. This is because nuts are only one of many allergens that could affect pupils, and no school could guarantee a truly allergen free environment for a child living with a food allergy. They advocate instead for schools to adopt a culture of allergy awareness and education. A 'whole school awareness of allergies' is a much better approach, as it ensures teachers, pupils and all other staff are aware of what allergies are, the importance of avoiding the pupils' allergens, the signs & symptoms how to deal with allergic reactions to minimise risk. We would suggest:

- Pupils are encouraged to have a good awareness of their symptoms and to let an adult know as soon as they suspect they are having an allergic reaction.
- Pupils who are trained and confident to administer their own AAI's will be encouraged to take responsibility for carrying them on their person at all times.

For more information please look here: <https://www.allergyuk.org/>

**\*NOTICE TO PUPILS** - Please be advised that Police Scotland have been in contact with the school regarding community safety. Stratton Lodge has recently been identified as an "Anti-social Behaviour Spot" and will now be visited more frequently by officers during their patrols. We strongly advise all pupils to keep themselves safe and avoid this area. Thank you for your cooperation.

**\*YOUNG CARERS - SAFE SPACE CLASSROOM FOR YOUNG CARERS** - Are you a young carer? Do you sometimes need a quiet place to catch up, take a break, or just feel supported? Our **Safe Space Classroom** is open for you!

- ✓ A calm, welcoming environment
- ✓ Bring a friend along
- ✓ Do schoolwork, chat, or simply relax
- ✓ Supportive staff who understand your role

Location: Room 6

Open: Mon-Wed lunch

This is your space – whether you want to focus, recharge, or just enjoy some time out with a friend.

**\*S1-S3 ACTIVITIES WEEK** - All pupils will be making their choices for Activities 2026 this week and next in a science block, your teacher will decide when. Be ready with your 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> choices for each day.

**\*S4/S5 ICELAND 2026** - There are a few places still available for the trip to Iceland in June 2026. Any pupil in S4 or S5 who would be interested in coming along should pick up a letter of interest from **Mrs Smith** by this Friday (19<sup>th</sup> September).

**SPAIN TRIP** -Can all pupils who registered interest in the Spain football trip, meet Mr Brown in the small gym TODAY Wednesday 17<sup>th</sup> September. Pupils will receive additional information and a parental permission slip.

**PISA TESTS** - All Pupils doing the PISA tests TODAY Wednesday 17<sup>th</sup> September should report to Room 246 in Business Studies at the start of Block 1 that day. **Mr O'Neill**

- |                           |                           |                      |
|---------------------------|---------------------------|----------------------|
| • Bernhard Arthur Almadin | • Jacob McKenzie          | • Fianna-Rose Lyons  |
| • Ava Gardiner            | • Aiden Munro             | • Ruairidh Mackenzie |
| • Aiden Harrison          | • Ruben Oliveira          | • James McCallum     |
| • Aiden Harrison          | • Charlotte Ross          | • Kian Munro         |
| • Calum Kelly             | • Alasdair Shanks         | • Caitlin O'Donnell  |
| • Alexa Lumsden           | • Frederick Tree          | • Finlay Rennie      |
| • Aaron Mackay            | • Annrose Arun            | • Sophia Robertson   |
| • Hamish MacLennan        | • Liam Breathet           | • Jakub Sadowski     |
| • Jensen Matheson         | • Claudia Brown           | • Aidan Smith        |
| • Martha Hope McDowell    | • Daniel Henderson        | • Macey Sutherland   |
| • Jacob McKenzie          | • Roderick Samuel Kennedy |                      |

**PUPIL COUNCIL** -S1s we need you! Please select one Pupil Council Rep from your tutor group and your reg teacher will record on the Google doc - [Pupil Council Reps 25.26](#) In order to get ready for our first Pupil Council meeting of the term, Reps please ask your tutor group to discuss the following this week - Imagine that for one day only, you have been made the headteacher of your school. What changes will you make? Are there things which you could change to uphold the rights of pupils in the school? Bring your notes along for the Pupil Council meeting in Hut 14 at 2pm on Monday the 29<sup>th</sup> September. **Ms Keir** will register you so come straight to Hut 14 after lunch.

**S6 PUPILS ONLY** - All S6 pupils have been booked into a UCAS event at **UHI Inverness TOMORROW, Thursday 18<sup>th</sup> September in the main building.** Pupils are to leave school after block 4/ start of block 5 and either walk or get the bus with your bus passes and Guidance teachers will meet you there. You may attend with friends in groups. You will need to get lunch for yourself en route on at the campus. You will also need to make your own way home, so may need to leave early to return to school to get buses home at 3.40pm. Any questions, ask your guidance teacher.

**CHRISTMAS CONCERT** - We will be auditioning acts for the Christmas Concert on Wednesday 1<sup>st</sup> October at lunchtime and after school. Please sign up in the Music Department by Friday 26<sup>th</sup> September if you are interested in auditioning. Your piece doesn't need to be completely ready and you might want to talk to your Music teacher before you sign up. Other acts in the Christmas Concert will include the Wind Band, Choirs, Trad Group and the String Group. The concert will take place on Thursday 4<sup>th</sup> December in the theatre. **Music Department**

**CLASSROOM CLASH** - We are hoping to launch the Classroom Clash in registration again. The feedback from the trial before the holidays was positive. If you have any questions, riddles or suggestions please add them here: <https://forms.gle/2qUKMVaaQ6YiTrvz7>