

How can you stop coronaviruses spreading?

If you need to cough or sneeze



Catch it with a tissue



Bin it



Kill it by washing your hands with soap & water or hand sanitiser

You should wash hands with soap & water or hand sanitiser



After breaks & sport activities



Before cooking & eating



SCHOOL ETC.
On arrival at any childcare or educational setting



After using the toilet



Before leaving home



Try not to touch your eyes, nose, and mouth with unwashed hands



Do not share items that come into contact with your mouth such as cups & bottles



If unwell do not share items such as bedding, dishes, pencils & towels

SQA EXAMINATIONS 2022

Over the next six weeks our Senior Phase pupils will be sitting their SQA examinations. These are important assessments that mean an awful lot to our young people. You have an important role to play by being respectful and not disrupting any of the exams. Many of the exams are taking place in the Theatre and they will continue to run over break and lunchtime. As a result of this, you may be asked to vacate certain areas to ensure that the pupils doing their exams are not disturbed. Please try your best to keep the noise to a minimum when you are walking between classes. The two staircases that run alongside the Theatre are completely out of bounds during the exams. Do not walk up/down them at block change and do not congregate there during social times. Remember, you will be in this position one day, so please respect those that are going through it this year. Thank you for your support with this. **Mr Weafer**

*TODAY'S EXAMS -

Monday 16 May					
Morning					
Course	Level	Paper	Time	Adjusted Time	Room
Religious, Moral and Philosophical Studies	National 5		09:00 - 11:20		110
Religious, Moral and Philosophical Studies	Higher	World Religion, Morality and Belief	09:00 - 11:15		Theatre
Religious, Moral and Philosophical Studies	Higher	Religious and Philosophical Questions	11:45 - 12:30		Theatre
Afternoon					
Course	Level	Paper	Time	Adjusted Time	Room
Graphic Communication	National 5		13:00 - 14:30		Theatre
Graphic Communication	Higher		13:15 - 15:15	13:00 - 15:00	Theatre
Graphic Communication	Advanced Higher		13:15 - 15:15	13:00 - 15:00	Conf

***TOMORROW'S EXAMS –**

Tuesday 17 May					
Morning					
Course	Level	Paper	Time	Adjusted Time	Room
Spanish	Higher	Reading and Directed Writing	09:00 - 11:00		Theatre
Spanish	Higher	Listening	11:30 - 12:00* (approx)		Theatre
Afternoon					
Course	Level	Paper	Time	Adjusted Time	Room
Spanish	National 5	Reading and Writing	13:00 - 14:30		Theatre
Spanish	National 5	Listening	15:00 - 15:30* (approx)		Theatre

***EMPLOYMENT CERTIFICATE/WORK PERMIT** - If you are under 16 years of age and have a part time job it is a legal requirement that you need an Employment Certificate/Work Permit. If you have more than one job or change jobs then you need to reapply for a new certificate. The application form can be found on the noticeboard outside Mr O'Neill/Miss Forrester's office. The form needs to be completed by you, your employer and then handed in to Miss Forrester who needs to authorise them and then submit them to Area Office. If you have any questions, please see me. **Miss Forrester**

***PUPILS WITH CURRENT LOCKERS – TOMORROW (Tuesday)** all pupils with Lockers will find a slip of paper in their lockers. This is to notify the janitors that you wish to keep your locker for the next term 22/23. If you could fill out the slip and hand back to Keith or Carlos ASAP so they can prepare the lockers for new Pupils who may request one. If you no longer require the locker please just speak to Keith or Carlos. Any lockers that have not had a notification slip completed and returned will be cleared and issued to new pupils, within the next couple of weeks. **Keith and Carlos**

***CAREERS INTERVIEWS** - Interviews are back up and running in person and you'll find me in Room 13, in the huts. As before, please arrive promptly and bring your Chromebook with you. Look forward to seeing you there. **Fionna Dowell, Careers Adviser**

CROCHET CLUB – Crochet Club will be on Tuesday lunchtime from this week, rather than Monday. **Miss MacLeod**

NEW HOUSE GROUP ASL LINK TEACHERS - With the new house groups, you will now have new ASL Teachers. If you are not sure who to talk to please come to the department for a chat. **Ms Jarnes**

*****Brodie & Strathnairn** – Mr D Morrison***

*****Cawdor & Dalcross** – Mr J Macdonald***

*****Kilravock & Rait** – Mrs Macleod***

S1-S3 GIRLS' NETBALL TOURNAMENT - If you are interested in playing in a Netball Tournament against other schools, please see **Miss Scott**.

SCHOOLS ORIENTEERING LEAGUE - Inverness Schools Orienteering League (ISOL) will be running the schools league this year. ISOL is organised by Inverness Orienteering Club with support from Active Schools. The league gives school pupils the opportunity to participate in local, fun and friendly competitions. The competitions are suitable for all levels, with pupils new to the sport able to learn map-reading skills at school before the events. The league is open to all pupils in P4 – S6 individual entry and/or school teams. The league will run from May to June 2022 at the following locations:

- Wednesday, 18th May Torr Woods, Dores

- Wednesday, 8th June Craigmonie Woods, Drumnadrochit

Contact Lynne.Fraser@highlifehighland.com for more information. See Culloden Active Schools Facebook page for entry form.